



**Lyrics of Nirvana/ Atma Shatakam with translation..... Shivoham ! Shivoham !**

<p><i>1. Mano BuddhyA-hankara ChittaNi naaham Nacha Shrotra Jihve Na Cha Ghrana Netre Nacha Vyoma Bhoomir Na Tejo Na Vayuh Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I am not mind, intellect, ego and the memory. I am not the sense of organs (ears, tongue, nose, eyes and skin). I am not the five elements ( sky or ether, earth, light or fire, the wind and the water). I am supreme bliss and pure consciousness, I am Shiva, I am all auspiciousness, I am Shiva.</p>
<p><i>2. Na Cha Prana Sangyo Na Vai Pancha Vayu Na Vaa Sapta dhatur Na Vaa Pancha Koshah Na Vak Pani Padam Na Chopastha Payu Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I am not Prana ( energy) nor five vital airs (PanchVayu), nor the seven essential material( sapta dhatu ), nor the five sheaths of the body ( pancha kosha ). I am not the organ of speech, nor hand nor the leg, nor the organs of procreation or the elimination(anus). I am supreme bliss and pure consciousness, I am Shiva, I am all auspiciousness, I am Shiva.</p>

<p>3. <i>Na Me Dvesha Ragau Na Me Lobha Mohau Mado Naiva Me Naiva Maatsarya Bhavah Na Dharmo Na Chartho Na Kamo Na Mokshah Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I have no hatred or dislike, neither greed nor liking, no delusion, I have no pride or haughtiness, nor jealousy. I have no duty to perform(dharma), no desire for any wealth or pleasure (kama), I have no liberation (moksha) either. I am supreme bliss and pure consciousness, I am Shiva, I am all auspiciousness, I am Shiva.</p>
<p>4. <i>Na Punyam Na Papam Na Saukhyam Na Dukham Na Mantra Na Teertham Na Veda Na Yajnah Aham Bhojanam Naiva Bhojyam Na Bhokta Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I have neither virtue, nor vice. nor pleasure or pain, I do not need mantras(sacred chants), nor pilgrimages. nor scriptures (Vedas), rituals or sacrifices (Yagyas). I am neither the enjoyed nor the enjoyer, nor enjoyment. I am the supreme auspiciousness of the form of consciousness-bliss(chidananda Rupah). I am the auspiciousness I am supreme bliss and pure consciousness, I am Shiva, I am all auspiciousness, I am Shiva.</p>
<p>5. <i>Na Me Mrityu Shanka Na Me Jati Bhedah Pita Naiva Me Naiva Mata Na Janma Na Bandhur Na Mitram Gurur Naiva Shishyah Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I have no fear of death, nor do I have death. No doubt about my existence, nor distinction of caste. I have no father or mother, I have no birth. I have no relatives, nor friend, nor the guru, nor the disciple. I am pure knowledge and supreme bliss, I am Shiva, I am all auspiciousness, I am Shiva.</p>
<p>6. <i>Aham Nirvikalpo Nirakaara Roopah Vibhur Vyapya Sarvatra Sarvendriyanaam Sada Me Samatvam Na Mukthir Na Bandhah, Chidananda Rupah Shivoham! Shivoham!!</i></p>	<p>I am formless and devoid of all dualities I exist everywhere and pervade all senses Always I am the same, I am neither free nor bonded I am pure knowledge and supreme bliss, I am Shiva, I am all auspiciousness, I am Shiva.</p>

